

MONDAY

Discount Store & Free Fruit/Veg/Bread
Bateau Bay Neighbourhood Centre - 9:00am to 3:00pm
02 4332 7450 *Subject to availability*

Household Goods & Food Items - Central Coast Outreach Services
Free bread, fruit and vegetables
10:00am to 3:00pm
02 4333 1108
Food hampers and household goods by appointment only
Barbara 0416 947 632

Community Meals
Feed a Friend – Shellys Apartments
10:00am to 1:30pm
0418 134 655

Emergency Relief Vouchers
Samaritans, Gorokan
10:00am to 12:00pm
Lakes Anglican Church Kanwal
02 4393 2450 for all community

Food Hampers - St Vincent De Paul Wyong
9:30am to 2:00pm - 02 4353 5613
Drop in or Home visit

Frozen Food & Food Items
The Benevolent Society
9:00am to 4:00pm (02) 4332 4545
Monday to Friday

Emergency relief vouchers, food, clothing and household items
Salvos Connect
Call 1300 371 288
Monday to Friday
9:00am to 5:00pm

Discount Groceries
The Salvation Army, Oasis Centre
9:00am to 4:00pm
For all community 02 4353 9799

Free bread, vegies and take away meals
The Salvation Army, Oasis Centre
9:00am to 4:00pm
Call 02 4353 9799

Low Cost Groceries
Lakes Food Care, Toukley
9:00am to 2:00pm
02 4397 4666 -Referral Required

Frozen Bread
Toukley Neighbourhood Centre
Before 2pm - 02 4396 1555
subject to availability

Emergency Relief Vouchers
Wyong Neighbourhood Centre
9:30am to 2:30pm - 02 4353 1750
appointment necessary

Food & Household Hampers
Wyong Neighbourhood Centre
9:30am to 2:30pm - 02 4353 1750
appointment necessary

TUESDAY

Discount Store & Free Fruit/Veg/Bread
Bateau Bay Neighbourhood Centre - 9:00am to 3:00pm
02 4332 7450 *Subject to availability*

Free Fresh Fruit & Vegetables
Berkeley Vale Neighbourhood Centre - 9:30am to 3:00pm
02 4388 5801
Subject to availability

Household Goods & Food Items
Central Coast Outreach Services
Free bread, fruit and vegetables
10:00am to 3:00pm
02 4333 1108
Food hampers and household goods by appointment only
Barbara 0416 947 632

Emergency Relief Vouchers
San Remo Neighbourhood Centre - 9:30am to 1:00pm
02 4390 7888 *appointment necessary*

Food Hampers - St Vincent De Paul Wyong
9:30am to 2:00pm - 02 4353 5613
Drop in or Home visit

Frozen Food & Food Items
The Benevolent Society
9:00am to 4:00pm (02) 4332 4545
Monday to Friday

Emergency relief vouchers, food, clothing and household items
Salvos Connect
Call 1300 371 288
Monday to Friday
9:00am to 5:00pm

Discount Groceries
The Salvation Army, Oasis Centre
9:00am to 4:00pm
For all community 02 4353 9799

Free bread, vegies and take away meals
The Salvation Army, Oasis Centre
9:00am to 4:00pm
Call 02 4353 9799

Low Cost Groceries
Lakes Food Care, Toukley
9:00am to 2:00pm
02 4397 4666 -Referral Required

Vouchers for Lakes Food Care
Toukley Neighbourhood Centre
9:00am to 1:00pm
02 4396 1555 - approved membership only

Frozen Bread & Frozen Meals
Toukley Neighbourhood Centre
Before 2pm 02 4396 1555
subject to availability

Emergency Relief Vouchers
Wyong Neighbourhood Centre
9:30am to 2:30pm - 02 4353 1750
appointment necessary

Food & Household Hampers
Wyong Neighbourhood Centre
9:30am to 2:30pm - 02 4353 1750
appointment necessary

WEDNESDAY

Discount Store & Free Fruit/Veg/Bread
Bateau Bay Neighbourhood Centre - 9:00am to 3:00pm
02 4332 7450 *Subject to availability*

Free Fresh Fruit & Vegetables
Berkeley Vale Neighbourhood Centre - 9:30am to 3:00pm
02 4388 5801
Subject to availability

Household Goods & Food Items
Central Coast Outreach Services
Free bread, fruit and vegetables
10:00am to 3:00pm
02 4333 1108
Food hampers and household goods by appointment only
Barbara 0416 947 632

Community Meals
Feed a Friend – Shellys Apartments
10:00am to 1:30pm
0418 134 655

Emergency Relief Vouchers
Samaritans, Gorokan
10:00am to 12:00pm
Lakes Anglican Church Kanwal
02 4393 2450 for all community

Community Café
Kanwal Cornerstone Church
Seventh Day Adventist Church
10:00am to 12:00pm
For all community
Call Danny 0403 344 360 and Evelyn 0478 838 586

Food Hampers - St Vincent De Paul Wyong
9:30am to 2:00pm - 02 4353 5613
Drop in or Home visit

Emergency Relief Vouchers
The Entrance Community Centre
The Benevolent Society
9:30am to 12:30pm -
02 4332 4545 call for appointment

Frozen Food & Food Items
The Benevolent Society
9:00am to 4:00pm (02) 4332 4545
Monday to Friday

Emergency relief vouchers, food, clothing and household items
Salvos Connect
Call 1300 371 288
Monday to Friday
9:00am to 5:00pm

Discount Groceries
The Salvation Army, Oasis Centre
9:00am to 4:00pm
For all community 02 4353 9799

Free bread, vegies and take away meals
The Salvation Army, Oasis Centre
9:00am to 4:00pm
Call 02 4353 9799

Community Lunch
The Salvation Army, Oasis Centre
Wyong - 12:00pm to 1:30pm
02 4353 9799

Frozen Bread & Frozen Meals
Toukley Neighbourhood Centre
Before 2pm - 02 4396 1555
subject to availability

Food & Household Hampers
Wyong Neighbourhood Centre
9:30am to 2:30pm - 02 4353 1750
appointment necessary

THURSDAY

Discount Store & Free Fruit/Veg/Bread
Bateau Bay Neighbourhood Centre - 9:00am to 3:00pm
02 4332 7450 *Subject to availability*

Community Barbeque - Bateau Bay Neighbourhood Centre
1st Thursday every month
9:30am to 12:00pm
Subject to availability

Free Fresh Fruit & Vegetables
Berkeley Vale Neighbourhood Centre - 9:30am to 3:00pm
02 4388 5801
Subject to availability

Household Goods & Food Items
Central Coast Outreach Services
Free bread, fruit and vegetables
10:00am to 3:00pm
02 4333 1108
Food hampers and household goods by appointment only
Barbara 0416 947 632

Emergency Relief Vouchers
San Remo Neighbourhood Centre - 9:30am to 1:00pm
02 4390 7888 *appointment necessary*

Food Hampers - St Vincent De Paul Wyong
9:30am to 2:00pm - 02 4353 5613
Drop in or Home visit

Frozen Food & Food Items
The Benevolent Society
9:00am to 4:00pm (02) 4332 4545
Monday to Friday

Emergency relief vouchers, food, clothing and household items
Salvos Connect
Call 1300 371 288
Monday to Friday
9:00am to 5:00pm

Discount Groceries
The Salvation Army, Oasis Centre
9:00am to 4:00pm
For all community 02 4353 9799

Free bread, vegies and take away meals
The Salvation Army, Oasis Centre
9:00am to 4:00pm
Call 02 4353 9799

Low Cost Groceries
Lakes Food Care, Toukley
9:00am to 2:00pm
02 4397 4666 -Referral Required

Frozen Bread
Toukley Neighbourhood Centre
Before 2pm - 02 4396 1555
subject to availability

Food & Household Hampers
Wyong Neighbourhood Centre
9:30am to 2:30pm - 02 4353 1750
appointment necessary

Discount Grocery Items - Coast Alive Food Care - Coast Alive Outreach Centre, Charmhaven
10:00am to 12:30pm
02 4394 0463
approved membership only

Lunch & Childcare - Coast Alive Foodcare - Coast Alive Christian Outreach, Charmhaven
10:00am to 12:30pm
02 4394 0463
approved membership only

Emergency Food Relief
Veggies, Bread and more
Northern Lakes Family Centre
10:30am – 12:30pm
Call before 10am 0432 580 059

FRIDAY

Free Fresh Fruit & Vegetables
Berkeley Vale Neighbourhood Centre - 9:30am to 3:00pm
02 4388 5801
Subject to availability

Household Goods & Food Items
Central Coast Outreach Services
Free bread, fruit and vegetables
10:00am to 3:00pm
02 4333 1108
Food hampers and household goods by appointment only
Barbara 0416 947 632

Community Meals
Feed a Friend – Shellys Apartments
10:00am to 1:30pm
0418 134 655

Food for Thought Restaurant
San Remo Neighbourhood Centre - 11:00am to 1:00pm
02 4390 7888
For all community

Food Hampers - St Vincent De Paul Wyong
9:30am to 2:00pm - 02 4353 5613
Drop in or Home visit

Emergency Relief Vouchers
The Entrance Community Centre
The Benevolent Society
9:30am to 12:30pm
02 4332 4545 call for appointment

Frozen Food & Food Items
The Benevolent Society
9:00am to 4:00pm (02) 4332 4545
Monday to Friday

Emergency relief vouchers, food, clothing and household items
Salvos Connect
Call 1300 371 288
Monday to Friday
9:00am to 5:00pm

Discount Groceries
The Salvation Army, Oasis Centre
9:00am to 4:00pm
For all community 02 4353 9799

Free bread, vegies and take away meals
The Salvation Army, Oasis Centre
9:00am to 4:00pm
Call 02 4353 9799

Low Cost Groceries
Lakes Food Care, Toukley
9:00am to 2:00pm
02 4397 4666 -Referral Required

Vouchers for Lakes Food Care
Toukley Neighbourhood Centre
9:00am to 1:00pm
02 4396 1555 - approved membership only

Frozen Bread & Frozen Meals
Toukley Neighbourhood Centre
Before 2:00pm - 02 4396 1555
subject to availability

Community Café
Toukley Neighbourhood Centre
10:00am for morning tea, 12:00pm for lunch. During school terms \$2 entry. 02 4396 1555

Food & Household Hampers
Wyong Neighbourhood Centre
9:30am to 12:00pm
02 4353 1750
appointment necessary

Pizza in the Park & Hampers
Fathers Table, Wyong Town Park, opposite Coles, 5:00pm to 6:00pm
0406 947 767 - Drop In

KEY

SHOPS

HAMPERS

VOUCHERS

MEALS

PICK UP

SUNDAY

Community Lunch & Hampers
Fathers Table
Wyong Town Park, opposite Coles
Sunday 11:30am to 1:00pm
0406 947 767 - Drop in

Community Barbeque
Long Jetty Uniting Church
3:30pm to 4:30pm
02 4358 4678 - Drop in

Central
Coast
Council

Current as at October 2017

See map on opposite page for locations →

LOCATIONS

- 1 **Toukley Neighbourhood Centre**
Heador Street, Toukley
- 2 **Lakes Food Care**
The Main Road, Toukley
- 3 **Wyong Neighbourhood Centre**
Wyong Town Park
Alison Road, Wyong
- 4 **St Vincent De Paul, Wyong**
47 Howarth Street, Wyong
- 5 **The Guiding Light**
Central Coast Outreach
Theatre Lane, The Entrance Arcade,
The Entrance
- 6 **Samaritans, Gorokan**
Lakes Anglican Church
247 Wallarah Road, Kanwal
- 7 **Salvation Army, Oasis Centre**
15 Hely Street, Wyong
- 8 **San Remo Neighbourhood Centre**
28 Brava Avenue North, San Remo
- 9 **Kanwal Cornerstone Centre**
Seventh Day Adventist Church
Corner Wallarah and
Minnamurra Road, Kanwal
- 10 **Meals 4 Hope, Gwandalan**
Gwandalan Community Hall
Koowong Road, Gwandalan
- 11 **Meals for Hope, Halekulani**
Halekulani Recreation Centre
Neola Road, Budgewoi
- 12 **Coast Alive Food Care**
Unit 1 Number 10, O'Hart Close,
Charmhaven
- 13 **The Father's Table**
Wyong Town Park
Alison Road, Wyong
- 14 **Long Jetty Uniting Church**
204 The Entrance Road, Long Jetty
- 15 **Salvation Army, Gorokan**
90 Minnamurra Road, Gorokan
- 16 **St James Anglican Parish**
Outreach Community Centre
65 Howarth Street, Wyong.
- 17 **The Entrance Neighbourhood
Centre - Benevolent Society**
Corner of Battley and Oakland
Avenues, The Entrance
- 18 **Starting Over, Central Coast
Outreach**
1/4 Craftsman Avenue, Berkeley Vale
- 19 **Bateau Bay Neighbourhood Centre**
4/10 Cynthia St, Bateau Bay
- 20 **The Shepherd's Nook / The
Marsters Apprentices Restaurant**
475 The Entrance Rd, Long Jetty
- 21 **Berkeley Vale Neighbourhood
Centre**
Berkeley Road, (opposite Berkeley
Vale High School), Glenning Valley

HOUSING SERVICES

- Link2Home**
(priority support for domestic and family
violence)
24hr line 1800 152 152
- Coast Shelter**
02 4325 3540
- Department of Housing, Wyong**
02 4352 9600
- Department of Housing, Gosford**
02 4323 5211
- Uniting Burnside**
Doorways Program
1800 067 967

MOBILE SERVICES

- Central Coast Outreach Services**
Outreach Care Van
0418 134 655
- Meals for Hope**
BBQ Trailer
0423 123 615
- Lions Club Food Trailer**
Mobile food trailer for hire
02 4976 2474

OP-SHOP AND FOOD

- The Salvation Army, Oasis Centre**
Monday to Thursday 9:30am to 2:30pm
15 Hely Street, Wyong 4353 9799
- Wyong Neighbourhood Centre**
Tuesday and Thursday 9:30am to 3:00pm and
Wednesday 12:00pm to 2:00pm. \$2 per corporate
item and \$1 per smart casual item
Old Wyong School, Alison Road, Wyong 4353 1750
- Bateau Bay Neighbourhood Centre**
Monday, Tuesday, Wednesday, Thursday
9:00am to 3:00pm Every item \$1
4/10 Cynthia St, Bateau Bay

FURNITURE, WHITEGOODS AND ELECTRICAL

- Starting Over**
For a reasonable donation
Monday to Friday 10:00am to 3:00pm
Saturday 10:00am to 1:00pm
1/4 Craftsman Avenue, Berkeley Vale
Other times by appointment 0418 134 655
- The Shepherd's Nook**
Monday to Friday by appointment only
0418 134 655
475 The Entrance Rd, Long Jetty
Other times by appointment 0418 134 655

WYONG AREA



- 22 **Feed a Friend – Shelly's Apartments**
509 – 515 The Entrance Road
Corner of Graham Street, The Entrance
- 23 **Northern Lakes Family Centre**
1 Colongra Bay Road, Lake Munmorah