PLOVE BITES

Love Bites is a school-based domestic and family violence and sexual assault prevention program. It is based on best practice standards for education programs as recommended by the Federal Government, Domestic and Family Violence Clearing House and other leading academics in the area of violence against women.

The Program promotes an integrated partnership approach directed at year 10 students. It aims to promote respect and domestic violence prevention.

The program consists of two interactive education workshops on relationship violence, sexual assault and consent, followed by a creative workshop, which allows students to reflect on the information from the day and create a piece of art showing a message that they have taken away from the sessions.



About Coast Shelter

Coast Shelter is a not for profit organisation providing accommodation and support services to homeless persons and victims of domestic violence on the Central Coast. Coast Shelter's programs include ten crisis refuges and a Community Centre which provides free meals and practical assistance to help people avoid homelessness.

Coast Shelter's ten accommodation programs are funded by the NSW Department of Family and Community Services. The Coast Community Centre is funded by our

Central Coast community supporters.





Coast Shelter acknowledges the traditional custodians of the land where we work, live and play. We pay our respects to Elders past, present and future for they hold the memories, traditions, the culture and hope for Aboriginal Australia.

Ending homelessness and domestic violence on the NSW Central Coast

Head Office Contact

(02) 4324 7876

(02) 4325 3540 Phone:

Fax:

Email: admin@coastshelter.org.au 346 Mann Street, North Gosford Address: PO Box 1234, Gosford NSW 2250 Postal:

46 095 999 287 ABN:

Coast Shelter is recognised by the Australian Taxation Office as a Public Benevolent Institution and is a Registered Charity (CFN: 15695) making all donations over \$2 tax deductible.







Rondeley Program

Domestic Violence Response Program





Phone 4340 7088

Rondeley Domestic Violence Response Program

The Rondeley Program supports women with or without children who are escaping domestic violence.

Funded by FACS and supplemented by our local community, the Rondeley Program provides practical and moral support, as well as accommodation in five cottages.

Staff will accept referrals from individuals and other agencies for women with or without accompanying children, who are escaping domestic violence and needing crisis accommodation.

This Program ensures that women and their children, brave enough to leave a violent relationship, will have immediate support from caring and compassionate staff, as well as suitable, safe accommodation.

Cottage accommodation is dependent on vacancies and can only be for a very short period of time, giving staff the opportunity to assist clients secure more permanent housing.



Referral Pathway

The Rondeley Program can be contacted 24/7 by women who are escaping domestic violence and/or service providers wishing to refer a client.

All referrals will be treated confidentially and clients will be contacted as soon as possible if it is safe to do so. If there is no vacancy in the Rondeley Program, staff will endeavour to conduct intensive outreach to ensure clients are safe and supported.

If you have any concerns or know of someone experiencing Domestic Violence, please contact the Rondeley Program on 4340 7088 or rondeley@coastshelter.org.au

If you are or you believe another person is at significant risk of harm please ring 000

For after hours counselling please call Lifeline on 13 11 14

For assistance with Temporary
Accommodation please contact
Link2Home - 1800 152 152
Housing N.S.W - 1800 422 322
Domestic Violence Line - 1800 656 463





Women and Children

Coast Shelter offers accommodation and support for single women and women with accompanying children. Our three crisis refuges provide supportive and caring accommodation, where women can begin to rebuild their lives. Safety and security is ensured, enabling women to come to terms with any trauma caused by domestic or family violence. We utilise a number of 'exit houses', in partnership with community housing providers, giving women the opportunity to gain a positive rental history before moving into their own tenancy.

Staff will assist women to find suitable, permanent accommodation and develop the necessary living skills to maintain their own accommodation.

WOMEN'S REFUGES

Kara 4323 1709 Neleh 4340 1052 Elandra 4396 4263

Marie Lowndes Foundation

Coast Shelter has established a memorial foundation to acknowledge Marie Lowndes' contribution to the Central Coast Community. Programs focusing on the prevention of domestic violence are the primary aim of the Marie Lowndes Charitable Foundation.

The Foundation, officially launched on the 18th December 2015, is supported by the Frost Family, the Unsworth Foundation and various community members.

The establishment of the Charitable Foundation strengthens and increases Coast Shelter's existing programs, which work with victims of domestic violence.