

Other Services

Link2Home Hotline (24hr/7days) 1800 152 152
Information, assessments and referrals to all homeless support and accommodation services across NSW

Emergency 000

Police Assistance Line 131 444

Burnside Doorways Program 1800 067 967
Information, assessments and referrals for all homeless support and accommodation services on the Central Coast

Catholic Care Keys (Young Parents) 4356 2600

Wesley Mission - Family Referrals 4329 6501

Bungree Aboriginal Association 4350 0100

Translating & Interpreting Service 131 450

Community Services Helpline 1800 066 777

Hospital - Gosford 4320 2111

Hospital - Woy Woy 4344 8444

Centrelink 131 021

Housing NSW - Gosford 4323 5211

Housing NSW - Wyong 4352 4400

Tenants Advice & Advocacy 4353 5515

Domestic Violence Hotline 1800 656 463

Rape / Sexual Assault Hotline 1800 424 017

Lifeline (support / suicide prevention) 13 11 14

Mental Health Central Intake 1800 011 511

Beyond Blue (anxiety / depression) 1300 224 636

Kids Helpline 1800 551 800

Gay and Lesbian Counselling 1800 805 379

G-Line (Gambling Helpline) 1800 663 635

Financial Counselling Gosford 4329 4477

Legal Aid Helpline 1800 806 913

CC Community Legal Centre 4353 4988

Legal Aid Gosford 4324 5611

About Coast Shelter

Coast Shelter is a not for profit organisation providing accommodation and support services to homeless persons and victims of domestic violence on the Central Coast. Coast Shelter's programs include ten crisis refuges and a Community Centre which provides free meals and practical assistance to help people avoid homelessness.

Coast Shelter's ten accommodation programs are funded by the NSW Department of Family and Community Services. The Coast Community Centre is funded by our Central Coast community supporters.



Coast Shelter acknowledges the traditional custodians of the land where we work, live and play. We pay our respects to Elders past, present and future for they hold the memories, traditions, the culture and hope for Aboriginal Australia.

**Ending homelessness
and domestic violence
on the NSW Central Coast**

Head Office Contact

Phone: (02) 4325 3540

Fax: (02) 4324 7876

Email: admin@coastshelter.org.au

Address: 346 Mann Street, North Gosford

Postal: PO Box 1234, Gosford NSW 2250

ABN: 46 095 999 287



Coast Shelter is recognised by the Australian Taxation Office as a Public Benevolent Institution and is a Registered Charity (CFN: 15695) making all donations over \$2 tax deductible.



Accommodation and Support

YOUNG
PEOPLE



SINGLE WOMEN AND
WOMEN WITH CHILDREN



SINGLE
MEN



 **coastSHELTER**

Phone 4325 3540



Women and Children

Coast Shelter offers accommodation and support for single women and women with accompanying children. Our three crisis refuges provide supportive and caring accommodation where women can begin to rebuild their lives. Safety and security is ensured, enabling women to come to terms with any trauma caused by domestic or family violence.

We utilise a number of 'exit houses' in partnership with community housing providers giving women the opportunity to gain a positive rental history before moving into their own tenancy. Staff will assist women to find suitable permanent accommodation and develop the necessary living skills to maintain their own accommodation.

WOMEN'S REFUGES

Gosford	4323 1709
Woy Woy	4340 1052
Toukley	4396 4263
Wyong	4340 7088



Young People

Coast Shelter offers temporary accommodation for young people aged between 16 and 25. Our five youth refuges provide young people with the support and guidance to get their lives back on track.

All young people are assisted to develop the necessary personal attributes and living skills to sustain a tenancy.

YOUTH REFUGES

Woy Woy	4341 9027
Umina	4341 8830
Gosford	4325 7555
Wyong	4351 1922
Narara (Young Women)	4323 1636

Each refuge operates as a shared household and residents work together to carry out household responsibilities, organise meals, do grocery shopping and plan activities such as weekend outings.



Restoring hope.

Coast Community Centre

The Community Centre provides free meals and support services to help homeless, vulnerable, financially disadvantaged and socially isolated community members. The Community Centre also offers the following free services:

- Meals
- Food hampers
- Energy vouchers (EAPA)
- Doorways 'Housing Connector'
- Shower and laundry facilities
- Toiletries, towels and clothing

Other services available periodically or by appointment:

- No Interest Loans (NILS)
- Legal advice
- Centrelink assistance
- Podiatry checkups

Men

Coast Shelter offers temporary accommodation for single men in Gosford and Wyong. Staff work with men to identify their needs and set goals to help them find permanent accommodation and achieve self-reliance.

Staff collaborate with other local support services to obtain additional assistance so that men can address any issues which may have led to their homelessness.

MEN'S REFUGE

Gosford	4324 7239
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346 Mann Street, North Gosford

Office: 4346 1263 Restaurant: 4325 3510

Restaurant Hours

	B/FAST	LUNCH	DINNER
MON	CLOSED	11.00 - 1.00	6.30 - 7.30
TUES	CLOSED	11.00 - 1.00	6.30 - 7.30
WED	CLOSED	11.00 - 1.00	6.30 - 7.30
THUR	CLOSED	11.00 - 1.00	6.30 - 7.30
FRI	CLOSED	11.00 - 1.00	6.30 - 7.30
SAT	CLOSED	11.00 - 1.00	6.00 - 7.00
SUN	9.00 - 10.00	CLOSED	6.00 - 7.00